

Five Ways Home Health Care Can Help Prevent UTIs In Seniors

It can be difficult for seniors and their loved ones to recognize what symptoms can indicate a urinary tract infection (UTI), how to prevent them and how to treat them if the infection occurs.

Home health care can help in many ways, including:

1. Educate seniors and families on common signs and symptoms of UTIs.

Home health care plays a huge role in supporting seniors and their families by educating them on common signs and symptoms of UTIs for seniors. That means preventing UTIs before they begin.

2. Keeping a watchful eye for symptoms of UTIs in seniors.

Because the UTI symptoms that seniors experience are similar to common symptoms of aging, they can often be overlooked. Home health care professionals are trained to know the difference between common symptoms of aging and symptoms of a UTI.

3. Reminding seniors of daily habits that prevent UTIs.

Frequent trips to the bathroom and drinking plenty of water throughout the day can help seniors prevent UTIs. Home health professionals are there to remind seniors of daily habits like these that help them stay healthy.

4. Providing proper catheter care, including proper hand hygiene.

Patients with urinary catheters are at an increased risk for a UTI. Home health professionals have the experience and resources to maintain proper catheter care and prevent UTIs from occurring.

5. Offering a seamless extension of your medical provider's care right at home.

As experts in senior health, home health care clinicians understand the signs of UTIs in seniors and can help patients receive prompt treatment. These professionals work in partnership with you or your loved one's medical provider to ensure patient safety and prevent infections.



Want to understand UTIs and how we can support your care? Connect with your care team or visit CorsoCare.com.