Signs And Symptoms Of UTIs In Older Adults

A urinary tract infection (UTI) is a bacterial or fungal infection of the urinary system, which includes the kidneys, uterus, bladder and urethra. Though uncomfortable, the first symptoms of a UTI signify that the immune system is working to fight off the infection.

Common symptoms of a UTI can include:

- Frequent, urgent need to urinate
- Painful or burning urination
- A constant feeling of a full bladder
- Pressure or pain in abdomen or lower back
- Dark, cloudy or thick urine
- Low-grade fever

These symptoms may create a greater risk for issues seemingly unrelated to a UTI, including:

- More frequent falls
- Confusion
- Agitation or aggression
- Fatigue and lethargy
- Decreased appetite

Symptoms Of UTIs For Seniors

Because seniors' immune systems aren't working like they used to, they may experience only a few or none of the common symptoms of a UTI.

Instead, UTIs can cause sudden changes in cognitive function for seniors known as UTI delirium. Symptoms can include:

Confusion | **Irritation** | **Hallucinations** | **Changes in behavior** | **Poor coordination** | **Dizziness**

Did you know?

UTIs in seniors are often missed because caretakers incorrectly assume their symptoms are just a sign of aging. That's why it's so important to note any sudden change in abilities, personality or behavior and seek medical attention immediately.

Want to understand UTIs and how we can support your care? Connect with your care team or visit CorsoCare.com.