## What is Dementia?

Dementia is an umbrella term, encompassing many types of memory loss and other thinking abilities severe enough to interfere with daily life.

Currently more than 55 million people live with dementia worldwide, and there are nearly 10 million new cases every year.



Alzheimer's Disease

Frontotemporal Dementia

Vascular Dementia Mixed Dementia Lewy body

## Symptoms of Dementia:

Symptoms of dementia can vary widely, but they are often progressive, which means they worsen over time.

These symptoms may include:

- Memory loss
- Difficulty communicating
- Disorientation
- Mood changes
- Difficulty with daily activities

Currently there is no cure for dementia, but medications and supportive care can help manage symptoms and improve quality of life for people with the condition.

## Causes of Dementia:

Dementia is caused by damage to the brain. When neurons (nerve cells in the brain) are damaged, they lose their ability to communicate with one another, and symptoms of dementia occur.

Some forms of dementia are reversible and caused by conditions such as thyroid problems, vitamin deficiencies and urinary tract infections (UTIs). In these cases, symptoms of dementia will often resolve themselves once the underlying condition is treated.

It's true that dementia is most commonly found in seniors, but dementia is not a normal part of aging. While we can expect our hair to turn gray and our muscles to weaken as we age, serious mental decline is not an expected part of aging.

For more information on dementia and how CorsoCare can support you, call us at 248-438-8535.

