

Benefits of Home Health and Hospice Care for Seniors With Dementia

For seniors with dementia and their loved ones, it can be overwhelming to know where to turn to for care.

Here's a closer look at the benefits of both skilled home health care and hospice services for seniors with dementia.



What Is Skilled Home Health Care?

Skilled home health care supports seniors by managing symptoms and maintaining independence. Instead of in a hospital or care community, this type of care offers seniors with dementia numerous benefits right from the comfort of their own home.

Some benefits of skilled home health care include:

- **Professional Care:** Skilled home health care providers have the expertise to offer a professional level of care wherever seniors call home.
- **Regular Check-Ins and Monitoring:** Regular visits from skilled home health care can help identify and address any issues early on before they become more serious.
- **Management of Symptoms:** Clinicians are trained to manage the behavioral and psychological symptoms of dementia, such as agitation and confusion. They help identify agitators in the patient's environment and improve the senior's quality of life.
- **Rehabilitation:** Services such as physical therapy and occupational therapy can help improve mobility and function and help seniors with dementia maintain their independence.
- **Coordination of Care:** Skilled home health professionals can consult with the individual's primary care physician and ensure that all of their health care needs are being met.



What Is Hospice Care?

Hospice care can provide comfort and support to improve seniors' quality of life. Hospice is not intended to offer a cure, but rather the goal of hospice is to provide comfort and support during the final stages of life.

Some benefits of hospice care for dementia patients include:

- **Symptom Management:** Hospice services help to manage the physical and emotional symptoms of dementia, such as pain, fatigue and agitation.
- **Comfort Measures:** Providing comfort care, such as massages, music therapy and pet therapy, can help reduce stress and improve quality of life.
- **Support for Caregivers:** Hospice can include respite care, counseling and support groups, which can help alleviate caregiver burden and prevent burnout.
- **Advance Care Planning:** Discussing and documenting seniors' preferences for end-of-life care is included with hospice services. This can help ensure that a senior's wishes are respected and will provide support to their loved ones.

For more information on dementia and how CorsoCare can support you, call us at 248-438-8535.