

Ministroke and 9 Early Signs of a Stroke

What is a Ministroke?

A 'ministroke' is precisely what it sounds like: a small stroke-like event — but it's something that can have enormous implications.

A ministroke is also known as a **transient ischemic attack (TIA)**, where blood flow to part of the brain is temporarily disrupted, usually for less than 5 minutes, before returning on its own. While these types of strokes do not typically cause permanent damage, the statistics show it is a telling sign that a person is at risk of a major stroke.

- Between 7–40% of patients treated for a blockage-related stroke (ischemic) report experiencing a TIA first.
- About 1/3 of people who have a TIA go on to have a more severe stroke within one year.

But a ministroke isn't the only sign you may be at risk of having a stroke.

9 Early Signs of a Stroke in Seniors:

1. Dizziness
2. Difficulty understanding
3. Confusion
4. Numbness
5. Severe headache
6. Trouble speaking
7. Vision changes
8. Weakness
9. Loss of balance and coordination



For more information on strokes and how CorsoCare can support you and your loved one, call us at 248-438-8535.