



Treatment And Diagnosis Of UTIs In Seniors

The first step to diagnosing a urinary tract infection (UTI) is to understand that seniors' symptoms may look different than you'd expect.

If you or a loved one experiences any of these UTI symptoms, seek medical attention:

- Frequent, urgent need to urinate
- Painful or burning urination
- A constant feeling of a full bladder
- Pressure or pain in abdomen or lower back
- Dark, cloudy or thick urine
- Low-grade fever
- Confusion
- Irritation
- Hallucinations
- Changes in behavior
- Poor coordination
- Dizziness

How Are UTIs In Seniors Diagnosed?

To confirm the diagnosis of a UTI, a health care provider will typically test a sample of the senior's urine to look for the presence of bacteria or other organisms. If a senior has other medical conditions that cause similar symptoms, it may be necessary to perform additional testing, too.

The results of these tests can help the health care provider determine the best course of treatment for the UTI.

How Are UTIs In Seniors Treated?

Antibiotics can be prescribed by you or your loved one's doctor and work to kill the bacteria causing a UTI. It's especially important for seniors to finish the full course of treatment to ensure that the infection is completely cleared.

In addition to taking antibiotics, a doctor may advise a senior with a UTI to:

- Drink plenty of fluids
- Empty their bladder frequently
- Take pain medication to manage discomfort

For more information on urinary tract infections and how CorsoCare can support you and your loved one, call us at 248-438-8535.