

# Ministroke and 9 Early Signs of a Stroke

## What is a Ministroke?

A 'ministroke' is precisely what it sounds like: a small stroke-like event — but it's something that can have enormous implications.

A ministroke is also known as a **transient ischemic attack (TIA)**, where blood flow to part of the brain is temporarily disrupted, usually for less than 5 minutes, before returning on its own. While these types of strokes do not typically cause permanent damage, the statistics show it is a telling sign that a person is at risk of a major stroke.

- Between 7–40% of patients treated for a blockage-related stroke (ischemic) report experiencing a TIA first.
- About 1/3 of people who have a TIA go on to have a more severe stroke within one year.

**But a ministroke isn't the only sign you may be at risk of having a stroke.**

9 Early Signs of a Stroke in Seniors:

1. Dizziness
2. Difficulty understanding
3. Confusion
4. Numbness
5. Severe headache
6. Trouble speaking
7. Vision changes
8. Weakness
9. Loss of balance and coordination



**If you or a loved one has experienced a stroke, we're here to help.  
Speak with your care team or visit [CorsoCare.com](https://CorsoCare.com).**