

# Rehabilitation and Recovery After a Stroke

After someone survives a stroke, the focus immediately goes to recovering and getting life as close to normal as possible. Most stroke survivors can start a rigorous rehabilitation program that can begin 24 hours after a stroke — either at the hospital, a rehabilitation unit, a skilled nursing facility or at home.

The number one goal of rehabilitation is to recover as much brain function as possible. Patients work on relearning skills lost after a stroke, and it is also an excellent way to learn new ways to compensate for any remaining disabilities — such as doing daily tasks with only one hand.

And like no two strokes are the same, no two recoveries are the same. Depending on the severity of the stroke, rehabilitation can involve a multidisciplinary team with a combination of support from:

- Neurologists
- Psychiatrists
- Rehabilitation Nurses
- Dietitians
- Physical Therapists
- Occupational Therapists
- Recreational Therapists
- Speech Language Pathologists
- Social Workers
- Chaplains

Whatever your recovery looks like, the CorsoCare team is here to help make it as smooth and effective as possible.



If you or a loved one has experienced a stroke, we're here to help.  
Speak with your care team or visit [CorsoCare.com](https://CorsoCare.com).